

## Unit 204: Awareness of sustainability in the hospitality industry

### Sample lesson plan 5

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Course number: \_\_\_\_\_ Course title: \_\_\_\_\_

Tutor's name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Lesson length: 3 hours Room: \_\_\_\_\_

**Lesson topic:** Know how to implement sustainable practices in the hospitality industry

**Aims:**

By the end of the lesson the learner will know:

- methods that hospitality businesses can use to promote sustainable practices
- how different approaches to sustainability can be applied in the hospitality industry.

**Learning outcomes:**

To enable learners to understand:

- how to implement sustainable practices in the hospitality industry.

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
5	Registration and welcome	Take register.		
20	Recap previous session: Describe the activities which can be implemented to reduce waste	Discuss any follow-up points or questions the learners may have from previous lesson – activities which can be implemented to reduce waste.	Task learners to list on a whiteboard or on paper the methods a hotel can use to reduce waste in the following areas: <ul style="list-style-type: none"> <li>• front of house reception</li> <li>• kitchen</li> <li>• guest room</li> <li>• bar.</li> </ul>	Whiteboard
10	Follow-up of pre-lesson preparation: Reflection on how recycling and waste is managed at home but also in their local community/areas.	Learners to present their reflection on how recycling and waste is managed at home but also in their local community/areas, from independent learning task in the previous session.  Encourage Q&A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit.	Learners to present their reflections on how recycling and waste is managed at home but also in their local community/areas.  Learner discussion and Q&A.	
5	Aims and objectives	Discuss the aims and objectives for the lesson.	Learner discussion and Q&A.	Whiteboard

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
20	Introductory task 1: The activities which can be implemented to support sustainable practices in the hospitality industry.	<p>Outline the focus of the lesson to include:</p> <ul style="list-style-type: none"><li>• methods that hospitality businesses can use to promote sustainable practices.</li><li>• how different approaches to sustainability can be applied in the hospitality industry.</li></ul> <p>Activity: Ask learners to discuss and list on a piece of paper what areas of sustainability knowledge they think they need to improve on as part of their continuous professional development.</p> <p>Encourage Q&amp;A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit.</p>	Learner discussion and Q&A.	Whiteboard

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
20	Main body of lesson: Methods that hospitality businesses can use to promote sustainable practices.	<p>Ask the group to discuss what activities a hospitality organisation can adopt to promote sustainable practices</p> <p>Select individual groups to present their thoughts to the rest of the group. Encourage Q&amp;A session after each presentation.</p> <p>Deliver <b>PowerPoint presentation 5: How to implement sustainable practices in the hospitality industry</b></p> <p>Encourage Q&amp;A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit.</p>	<p>Individual groups to present their thoughts to the rest of the group.</p> <p>Learner discussion and Q&amp;A.</p>	<b>PowerPoint presentation 5</b>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
30	Main body of lesson: Methods that hospitality businesses can use to promote sustainable practices	<p><b>Activity 5:</b> Task learners in groups or individuals to use the internet and their own knowledge and experience to provide examples of activities that hospitality organisations have developed to promote sustainable practices. Set a time limit of 30 minutes. Discuss/fill gaps as a class.</p> <p>Select individual groups to present their thoughts to the rest of the group. Encourage Q&amp;A session after each presentation.</p> <p>Encourage Q&amp;A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit.</p>	<p>Learners to use the internet and their own knowledge and experience to provide examples of activities that hospitality organisation has developed to promote sustainable practices. Set a time limit of 30 minutes. Discuss/fill gaps as a class.</p> <p>Learner discussion and Q&amp;A.</p> <p>Individual groups to present their thoughts to the rest of the group.</p>	<p><b>Activity 5</b></p> <p><b>Activity 8</b></p> <p>IT</p> <p>Whiteboard</p>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
40	Main body of lesson: Methods that hospitality businesses can use to promote sustainable practices	<p><b>Activity 8:</b> Task learners in groups to design (not deliver) a simple training package covering improving sustainability practices at work (parameters for the training package, last for no longer than two hours, be undertaken in the workplace and cover the key sustainability issues facing the organisation and how would they assess learning has taken place). Set a time limit of 60 minutes.</p> <p>Select individual groups to present their thoughts to the rest of the group. Encourage Q&amp;A session after each presentation.</p> <p>Encourage Q&amp;A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit.</p>	<p>Learners in groups to design (not deliver) a simple training package covering improving sustainability practices at work (parameters for the training package, last for no longer than two hours, be undertaken in the workplace and cover the key sustainability issues facing the organisation and how would they assess learning has taken place).</p> <p>Individual groups to present their thoughts to the rest of the group.</p> <p>Learner discussion and Q&amp;A.</p>	<p>IT Whiteboard</p> <p><b>Activity 8</b></p>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
20	Main body of lesson: Methods that hospitality businesses can use to promote sustainable practices	<p>Task learners in groups or individuals to use the internet and their own knowledge to identify key legislation, regulations and codes of practices concerning sustainability and being greener. Set a time limit of 20 minutes.</p> <p>Select individual groups to present their thoughts to the rest of the group. Encourage Q&amp;A session after each presentation.</p> <p>Encourage Q&amp;A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit.</p>	<p>Learners in groups or individuals to use the internet and their own knowledge to identify key legislation, regulations and codes of practices concerning sustainability and being greener.</p> <p>Individual groups to present their thoughts to the rest of the group.</p> <p>Learner discussion and Q&amp;A.</p>	IT Whiteboard

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
10	Summary of session	<p><b>Activity 3: 1 Minute paper:</b> Learners to summarise the key points about the principles of promoting sustainable practices covered in the lesson.</p> <p>Encourage peer-to-peer reflection and feedback on the exercise. Direct the discussion, and identify any points not picked up by the learners.</p> <p>Group question and answer session: Ask individual learners oral questions specific to the topic.</p> <p>Set independent learning.</p>	Learner discussion and Q&A.	<p><b>Activity 3</b></p> <p><b>Worksheet 4</b></p>



Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
<p><b>How learning is to be measured:</b></p> <ul style="list-style-type: none"><li>• Oral questions and answers</li><li>• End of unit assessment (City &amp; Guilds set)</li><li>• Activities and worksheets.</li></ul> <p><b>Opportunities for embedding core skills:</b></p> <ul style="list-style-type: none"><li>• The use of research skills using IT</li><li>• Basic speaking and listening</li><li>• Basic writing skills to include spelling.</li></ul>				
<p><b>Homework/research work:</b></p> <ul style="list-style-type: none"><li>• Using the internet, learners are to reflect and write a one-page summary on the importance of sustainability in the hospitality industry and the impact at local and global level of not applying good sustainable practices. This should be completed independently and handed in to the tutor at the next session.</li><li>• Provide <b>Worksheet 4</b>: Implement sustainable practices in the hospitality industry.</li></ul>				
<b>Lesson evaluation</b>		<ul style="list-style-type: none"><li>• Was the lesson better than expected</li><li>• As expected</li><li>• Worse than expected</li></ul>		
<b>Lesson evaluation/comments</b>				

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
Suggestions/modifications for next lessons				