Unit 206: Understand own role in self-development

# Sample lesson plan 3

**Course number:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Course title:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Tutor’s name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_ **Time:** \_\_\_\_\_\_\_\_\_\_\_\_\_ **Lesson length:** 3 hours **Room:** \_\_\_\_\_\_\_\_\_\_\_

**Lesson topic:**

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| --- | --- |
| **Aims**:  By the end of the lesson the learner will:   * describe how own development contributes to improved practice * review a personal development plan * identify areas for own development * confirm development of skills and knowledge. | **Learning outcomes**:  To enable learners to:   * be able to review professional knowledge and skills development. |

| **Timing (mins)** | **Work to be covered** | | **Teaching activity/assessment** | **Learner activity** | **Resources** |
| --- | --- | --- | --- | --- | --- |
| 5 | Registration and welcome | | Take register. |  |  |
| 10 | Recap previous session:  Professional Development | | Task learners to list on a whiteboard the methods available to develop own professional skills and knowledge.  Discuss any follow-up points or questions the learners may have from previous lesson. | Learners to list on a whiteboard the methods available to develop own professional skills and knowledge. | Whiteboard |
| 10 | Follow-up of pre-lesson preparation:  Professional Development | | Review independent learning task in the previous session – **Worksheet 2: Professional development.** This should have been completed independently and handed in to the tutor at this session.  Encourage Q&A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit. | Individual learners to present their paper for peer review/marking and any areas of concern should be addressed to the tutor for review.    Learner discussion and Q&A. | **Worksheet 2** |
| **5** | **Aims and objectives** | | Discuss the aims and objectives for the lesson. | Learner discussion and Q&A. | Whiteboard |
| 10 | Introductory task 1:  How to review professional knowledge and skills development | | Outline the focus of the lesson to include:   * how own development contributes to improved practice * personal development plans * identify areas for own development * confirm development of skills and knowledge.   Encourage Q&A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit | Learner discussion and Q&A. | Whiteboard |
| 30 | Introductory task 2:  How to review professional knowledge and skills development | | Learners to complete **Worksheet 3: Skills and behaviour exercise**. This should be completed individually and then peer reviewed. Learners are encouraged to discuss and identify areas that require support in their development. Set a time limit of 30 minutes. Discuss/fill gaps as a class.  Encourage Q&A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit. | Complete **Worksheet 3: Skills and behaviour exercise**. This should be completed individually and then peer reviewed. | **Worksheet 3** |
| 40 minutes | Main body of lesson:   * describe how own development contributes to improved practice * review personal development plan * identify areas for own development * confirm development of skills and knowledge. | | **Activity 8**: Put the learners into groups, ask them to research using the internet, the step/activities involved with completing a professional development plan. Where possible groups should give examples. Set a time limit of 20 minutes. Discuss/fill gaps as a class.  Select individual groups to present their thoughts to the rest of the group. Encourage Q&A session after each presentation.  Deliver **PowerPoint Presentation 3: Review professional knowledge and skills development.**  Encourage Q&A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit. | **Activity 8:** Learners in groups to research and list using the internet, the step/activities involved with completing a professional development plan.  Individual groups to present their thoughts to the rest of the group.  Learner discussion and Q&A. | IT  Whiteboard  **Activity 8**  **PowerPoint Presentation 3** |
| 60 minutes | Main body of lesson:   * Review personal development plan * Identify areas for own development * Confirm development of skills and knowledge | | **Activity**: Learners to complete professional development plan using the template provided. **Worksheet 4:** Personal Development Plan. Set a time limit of 60 minutes. Tutor to support the completion of the PDPs. | **Activity:** Learners to complete professional development plan using the template provided. **Worksheet 4: Personal Development Plan.** | IT  **Worksheet 4** |
| 10 | Summary of session | | **Activity 4: 1-minute paper**: Learners to summarise the key elements of a professional development plan covered in the lesson.  Encourage peer-to-peer reflection and feedback on the exercise. Direct the discussion, and identify any points not picked up by the learners  Group question and answer session: Ask individual learners oral questions specific to the topic. | Learner discussion and Q&A. | Activity 4 |
| **How learning is to be measured**   * Oral questions and answers * End of unit assessment (City & Guilds set)   **Opportunities for embedding core skills:**   * The use of research skills using IT * Basic English speaking and listening * Basic writing skills to include spelling | | | | | |
| **Homework/research work**   * This will depend on the next part of the qualification being delivered. | | | | | |
| **Lesson evaluation** | | * Was the lesson better than expected * As expected * Worse than expected | | | |
| **Lesson evaluation/comments** | | | | | |
| **Suggestions/modifications for next lessons** | | | | | |