

## Unit 301: Developing opportunities for progression in the culinary industry

### Sample lesson plan 3

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Course number: \_\_\_\_\_ Course title: \_\_\_\_\_

Tutor's name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Lesson length: 6 hours Room: \_\_\_\_\_

**Lesson topic:** Improving working practice through application of knowledge and skills

**Aims:**

- To develop an awareness of activities that will maximise potential
- To gain an awareness of methods used to assess skills and knowledge
- To gain an understanding of how a SWOT analysis supports planning personal development
- To gain an understanding of how to apply knowledge and skills learnt
- To develop an awareness of the impacts development activities have on working practices
- To gain an awareness of how to use reflective practice to improve performance.

**Learning outcome:**

To enable learners to understand:

- types of activities to maximise potential
- methods to confirm development skills and knowledge
- SWOT analysis and action planning personal development
- applying knowledge and skills learnt
- measuring impacts of development activities on working practices
- using reflective practice to improve performance.

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
60 mins	Types of activities to maximise potential	<p>Introduction to personal development.</p> <p>Facilitate class discussion on types of activities a chef de partie can undertake to maximise skills and knowledge.</p> <p>Present <b>PowerPoint 3</b> to confirm the list of activities.</p> <p>Introduce small group activity to establish benefits of a range of activities used to improve working practices.</p> <p>Issue <b>Handout 6</b></p>	<p>Listen and answer questions.</p> <p>Participate in class discussion suggestion types of activities a chef de partie could undertake.</p> <p>Contribute to small group activity to establish the benefits of different activities to improve working practice.</p> <p>Read <b>Handout 6</b></p>	<p><b>PowerPoint presentation 3</b></p> <p><b>Handout 6</b></p>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
60 mins	Methods used to confirm development skills and knowledge	<p>Introduce small group activity to establish assessment methods used to confirm development of skills and knowledge.</p> <p>Present <b>PowerPoint 3</b> to confirm assessment methods.</p> <p>Issue <b>Activity 6</b> to be completed individually.</p> <p>Confirm answers to activity, providing opportunities for discussion.</p>	<p>Listen and answer questions.</p> <p>Contribute to small group activity with ideas on assessment methods.</p> <p>Complete <b>Activity 6</b> independently.</p> <p>Contribute to discussions on <b>Activity 6</b>.</p>	<p><b>PowerPoint presentation 3</b></p> <p><b>Activity 6</b></p>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
60 mins	SWOT analysis and action planning personal development	<p>Facilitate class discussion on the purpose of a SWOT analysis and how it can be used in personal development.</p> <p>Present <b>PowerPoint 3</b> on SWOT analysis.</p> <p>Introduce individual <b>Activity 7</b> to complete a SWOT analysis on personal kitchen skills and knowledge.</p> <p>Support learners in completion of SWOT analysis.</p> <p>Introduce small group activity to identify how action plans can be used to support personal development.</p>	<p>Listen and ask questions.</p> <p>Participate in class discussion sharing ideas on the purpose of a SWOT analysis and how it aids the personal development process</p> <p>Complete personal SWOT analysis.</p> <p>Contribute to small group activity identifying how action plans can be used to support personal development.</p>	<p><b>PowerPoint presentation 3</b></p> <p><b>Activity 7</b></p>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
60 mins	Applying knowledge and skills learnt	<p>Introduction to small group activity to establish how knowledge and skills learnt can be applied by:</p> <ul style="list-style-type: none"> <li>• individuals</li> <li>• as a team</li> <li>• as an organisation</li> </ul> <p>Issue <b>Worksheet 5</b>, check completion.</p> <p>Facilitate discussion to establish most appropriate responses.</p>	<p>Contribute to small group activity with suggestions on how knowledge and skills learnt can be applied.</p> <p>Complete <b>Worksheet 5</b> independently.</p> <p>Participate in discussion by sharing responses with justifications.</p>	<p><b>PowerPoint presentation 3</b></p> <p><b>Worksheet 5</b></p>
60 mins	Measuring impacts of development activities on working practices	<p>Facilitate class discussion on impacts of development activities.</p> <p>Introduce small group activity to identify the positive and negative impacts of personal development on:</p> <ul style="list-style-type: none"> <li>• the business</li> <li>• customers</li> <li>• The team</li> <li>• Individuals</li> </ul> <p>Present <b>PowerPoint 3</b> to confirm impacts.</p>	<p>Listen and answer questions.</p> <p>Participate in class discussion suggesting impacts.</p> <p>Contribute to small group activity on positive/negative impacts.</p>	<p><b>PowerPoint presentation 3</b></p>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
60 mins	Using reflective practice to improve performance	<p>Facilitate class discussion on the purpose of reflective practice/</p> <p>Introduce small group, activity to establish how reflective practice benefits:</p> <ul style="list-style-type: none"> <li>• the individual</li> <li>• the team</li> <li>• the business.</li> </ul> <p>Present <b>PowerPoint 3</b> to summarise procedures for carrying out reflective practice.</p> <p>Issue <b>Worksheet 6</b>, check responses.</p>	<p>Listen and answer questions.</p> <p>Participate in class discussion to identify the purpose of reflective practice.</p> <p>Contribute to small group activity to establish the benefits of reflective practice.</p> <p>Complete <b>Worksheet 6</b> independently.</p>	<p><b>PowerPoint presentation 3</b></p> <p><b>Worksheet 6</b></p>

**How learning is to be measured:**

- Q&A during the session
- Completion of activities and **Worksheets 6 and 7**.

**Homework/research work:**

- Review **Worksheets 6 and 7** and class notes.
- Read **Handout 6** to reinforce learning and understanding of types and reasons for staff development.

**Lesson evaluation**  
(delete as appropriate)

- Was the lesson better than expected
- As expected
- Worse than expected

**Lesson evaluation/comments:****Suggestions/modifications for next lessons:**