

Unit 304: Contribute to the guest experience

Activity 21: Food preferences and dietary requirements

Working in small groups, identify which of the following are considered a food preference and which are special dietary requirements explaining your decisions:

- Gluten free
- Vegetarian
- Halal
- Low fat
- Lactose free
- Low salt
- Vegan
- Locally sourced produce
- Kosher
- Diabetic

Share your suggestions with peer groups to establish the correct answers.