

## Unit 304: Contribute to the guest experience

### Activity 31: Adapting menus

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Working individually, suggest ways of adapting the following menu to provide options suitable for:

- Vegans
- Low fat diets
- Gluten intolerance
- Hindus
- Pregnant women

#### Menu

Chicken liver pate

Salt baked beetroot with feta cheese and pickled onions

Wild mushroom tartlets

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Rare roast beef with Yorkshire puddings

Seasonal vegetables and potatoes

Fillet of salmon with dill sauce  
served with new potatoes and green beans

Vegetable lasagne

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Fresh pineapple tart served with clotted cream

Chocolate and coffee mousse

Stilton cheese and biscuits