

## Unit 305: Sustainability in professional kitchens

### Sample lesson plan 1

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Course number: \_\_\_\_\_ Course title: \_\_\_\_\_

Tutor's name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Lesson length: 2 hours Room: \_\_\_\_\_

**Lesson topic:** Understanding sustainability in the hospitality industry

**Aims:**

- Understand sustainability in the hospitality industry.
- Understand the impact of the following sustainable practices in the hospitality industry on a global scale:
  - climate
  - environmental
  - animal welfare
  - ethical
  - economic.

**Learning outcomes:**

To enable learners to:

- understand sustainability in the hospitality industry
- understand how sustainable practices are implemented in professional kitchens.

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
10 minutes	Introduction to sustainability in the hospitality industry in relation to: <ul style="list-style-type: none"> <li>• climate</li> <li>• environmental</li> <li>• animal welfare</li> <li>• ethical</li> <li>• economic.</li> </ul>	Tutor should outline the focus of the lesson.  Tutor-led presentation/discussion.  Introductory YouTube video: <i>Why is sustainability so important in the hospitality industry?</i> <a href="https://www.youtube.com/watch?v=ulWBHjg6-rw">https://www.youtube.com/watch?v=ulWBHjg6-rw</a>	Learners to listen, observe, take notes and question appropriately.  Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.	YouTube video link: <a href="https://www.youtube.com/watch?v=ulWBHjg6-rw">https://www.youtube.com/watch?v=ulWBHjg6-rw</a>
20 minutes	Climate.	Tutor-led presentation/discussion.  Present <b>PowerPoint presentation 1</b> .  Give out <b>Handout 1</b> .	Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.  Question & answer session.	<b>PowerPoint presentation 1</b>  <b>Handout 1</b>
20 minutes	Environmental	Tutor-led presentation / discussion.	Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.	<b>PowerPoint presentation 1</b>  <b>Worksheet 1</b>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
20 minutes	Animal welfare	Tutor-led presentation/discussion.  Give out <b>Handout 2</b> .	Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.	<b>PowerPoint presentation 1</b>  <b>Handout 2</b>
20 minutes	Ethical.	Tutor-led presentation/discussion.	Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.	<b>PowerPoint presentation 1</b>
20 minutes	Economic	Tutor-led presentation/discussion.	Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.	<b>PowerPoint presentation 1</b>  <b>Worksheet 1</b>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
10 minutes	Revision of lesson content	<ol style="list-style-type: none"> <li>1-minute paper: Task the learners to briefly summarise the key points from the presentation. Ask individuals to provide one point each to all the class.</li> <li>Question and answer session: In pairs, learners to ask each other questions to consolidate their learning. Tutor to monitor and fill in any gaps.</li> </ol>	<p>Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.</p> <p>Learner Q&amp;A session to confirm the knowledge required to carry out the performance.</p>	<b>PowerPoint presentation 1</b>
	Independent learning.	<b>Worksheet 1</b>	Complete the worksheet for the next session.	<b>Worksheet 1</b>
	Stretch task.	<b>Activity 1:</b> Review the Sustainability in the kitchen project. Make notes on the project to discuss in the next session.	<p>Listen and ask questions as required.</p> <p>Learners to take notes if required.</p>	<b>Activity 1</b>
	Look forward to your next lesson/any final questions	Explain the purpose of the waste hierarchy.	<p>Listen and ask questions as required.</p> <p>Learners to take notes if required.</p>	

<p><b>How learning is to be measured:</b></p> <ul style="list-style-type: none"> <li>• Q&amp;A</li> <li>• <b>Worksheet 1</b></li> <li>• <b>Activity 1.</b></li> </ul>	
<p><b>Homework/research work:</b></p> <ul style="list-style-type: none"> <li>• Learners to complete <b>Worksheet 1</b></li> <li>• Complete a survey of your professional kitchen to see how sustainability affects the business model. Learners should make notes on the research so they can use them for discussion during the next lesson.</li> <li>• Stretch task: <b>Activity 1: Review the Climate sustainability in the kitchen</b> project. Make notes on the project to discuss in the next session.</li> </ul>	
<p><b>Lesson evaluation</b> (delete as appropriate)</p>	<ul style="list-style-type: none"> <li>• Was the lesson better than expected</li> <li>• As expected,</li> <li>• Worse than expected</li> </ul>
<p><b>Lesson evaluation/comments:</b></p>	
<p><b>Suggestions/modifications for next lessons:</b></p>	