

Unit 305: Sustainability in professional kitchens

Sample lesson plan 3

Course number: _____ Course title: _____

Tutor's name: _____ Date: _____ Time: _____ Lesson length: 2 hours Room: _____

Lesson topic: Describe how different approaches can contribute to sustainability in the hospitality industry

Aims:

- Describe how different approaches that can contribute to sustainability in the hospitality industry.

Learning outcomes:

To enable learners to:

- understand sustainability in the hospitality industry
- understand how sustainable practices are implemented in professional kitchens.

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
10 minutes	Register and introduction.	Tutor-led presentation / discussion.	Learners to listen, observe, take notes and question appropriately. Question & answer session.	
20 minutes	Recap previous session.	Tutor to collect Worksheet 2: for assessment.	Learners to present their independent learning assignment from the last lesson.	

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
60 minutes	<p>Factors for achieving successful waste management.</p> <p>Different approaches:</p> <ul style="list-style-type: none"> • Waste reduction • Energy usage best practices • Sustainable food commodities sourcing • Environmentally friendly activities/operations • Animal welfare • Food Miles • Seasonal food commodities • Sustainably produced food • Food accreditation schemes • Fair Trade • Soil Association • GM free • Organic • Direct from farmer 	<p>Tutor-led presentation/discussion using PowerPoint presentation 3.</p> <p>Give out Handout 4.</p> <p>Show YouTube videos on how a hotel group is sourcing sustainable fish: <i>Hilton Hotels: A short film about sustainability</i>: https://www.youtube.com/watch?v=kGKKJ6rJXZU&t=227s</p> <p><i>Landmark Mandarin Oriental embraces sustainability practices</i> www.youtube.com/watch?v=gwd7abffuNA</p> <p>Identify the key approaches and provide examples.</p> <p>Presentation goes through each different approach.</p>	<p>Learners to listen, observe, take notes and question appropriately.</p> <p>Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.</p>	<p>PowerPoint presentation 3</p> <p>Handout 4</p> <p>YouTube video links: https://www.youtube.com/watch?v=kGKKJ6rJXZU&t=227s</p> <p>www.youtube.com/watch?v=gwd7abffuNA</p>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
10 minutes	Recap of session content/ homework brief. Revisit aims and objectives Q&A to check learning.	Tutor-led presentation/discussion. Discussion – identify useful resources and websites.	Learners to listen, observe, take notes and question appropriately. Question and answer session. Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.	PowerPoint presentation 3 Handout 4
10 minutes	Revision of lesson content.	1. 1-minute paper: Task the learners to briefly summarise the key points from the presentation. Ask individuals to provide one point each to all the class. 2. Question and answer session: In pairs, learners to ask each other questions to consolidate their learning. Tutor to monitor and fill in any gaps.	Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard. Learner Q&A session to confirm the knowledge required to carry out the performance.	
	Independent learning.	Worksheet 3	Complete the worksheet for the next session.	Worksheet 3

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
	Stretch task.	Activity 3.	Listen and ask questions as required. Learners to take notes if required.	Activity 3
	Look forward to your next lesson/any final questions.		Listen and ask questions as required. Learners to take notes if required.	

How learning is to be measured:

- Q&A
- **Activity 3**
- **Worksheet 3**

Homework/research work:

- Learners to complete **Worksheet 3**
- Stretch task: **Activity 3.**

Lesson evaluation
(delete as appropriate)

- Was the lesson better than expected
- As expected
- Worse than expected

Lesson evaluation/comments:

Suggestions/modifications for next lessons: