Unit 305: Sustainability in professional kitchens

# Activity 2: The 5 Rs of waste management

Investigate the 5 Rs of waste management and give examples from your place of work.

The 5 Rs are:

* Refuse
* Reduce
* Reuse
* Repurpose
* Recycle

The order of the Rs is also important. The closer to the start of the list, the better the option.