Unit 305: Sustainability in professional kitchens

# Worksheet 1: Understanding sustainability in the hospitality industry (Tutor)

1. Identify five factors to consider for implementing sustainable practices in the hospitality industry. Give an example for each.
* **Climate**
	+ sustainable plant-based foods
* **Environmental**
	+ cut energy waste
	+ move towards zero waste
	+ reduce water waste
	+ manage emissions.
* **Animal welfare**
	+ free range
	+ farm assured.
* **Ethical**
	+ biodiversity – maintains and preserves environments e.g. protecting marine life and seabed
	+ traceability – supports responsible animal welfare.
* **Economic**
	+ conserving fuel
	+ cutting fuel costs
	+ reducing the health impacts of air and water pollution.