Unit 305: Sustainability in professional kitchens

# Worksheet 1: Understanding sustainability in the hospitality industry (Tutor)

1. Identify five factors to consider for implementing sustainable practices in the hospitality industry. Give an example for each.

* **Climate**
  + sustainable plant-based foods
* **Environmental**
  + cut energy waste
  + move towards zero waste
  + reduce water waste
  + manage emissions.
* **Animal welfare**
  + free range
  + farm assured.
* **Ethical** 
  + biodiversity – maintains and preserves environments e.g. protecting marine life and seabed
  + traceability – supports responsible animal welfare.
* **Economic**
  + conserving fuel
  + cutting fuel costs
  + reducing the health impacts of air and water pollution.