

## Unit 305: Sustainability in professional kitchens

### Worksheet 1: Understanding sustainability in the hospitality industry (Tutor)

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1. Identify five factors to consider for implementing sustainable practices in the hospitality industry. Give an example for each.

- **Climate**

- sustainable plant-based foods

- **Environmental**

- cut energy waste
- move towards zero waste
- reduce water waste
- manage emissions.

- **Animal welfare**

- free range
- farm assured.

- **Ethical**

- biodiversity – maintains and preserves environments e.g. protecting marine life and seabed
- traceability – supports responsible animal welfare.

- **Economic**

- conserving fuel
- cutting fuel costs
- reducing the health impacts of air and water pollution.