

## Unit 305: Sustainability in professional kitchens

### Worksheet 1: Understanding sustainability in the hospitality industry (Tutor)

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1. Identify five factors to consider for implementing sustainable practices in the hospitality industry. Give an example for each.
  - **Climate**
    - sustainable plant-based foods
  - **Environmental**
    - cut energy waste
    - move towards zero waste
    - reduce water waste
    - manage emissions.
  - **Animal welfare**
    - free range
    - farm assured.
  - **Ethical**
    - biodiversity – maintains and preserves environments e.g. protecting marine life and seabed
    - traceability – supports responsible animal welfare.
  - **Economic**
    - conserving fuel
    - cutting fuel costs
    - reducing the health impacts of air and water pollution.