

Unit 305: Sustainability in professional kitchens

Worksheet 8: Understanding sustainability in the hospitality industry (Tutor)

1. Identify waste streams in professional kitchens

- Food
- Paper/card
- Plastic
- Non-recyclable
- Glass

2. Describe the key elements of a stock rotation system

FIFO – first in, first out

3. Explain the purpose of smart energy monitoring

Energy management is the means of controlling and reducing your organisation's energy consumption. This is important because it enables you to reduce costs – this is becoming increasingly important as energy costs rise.