Unit 307: Produce and present advanced starters using standardised recipes

# Sample scheme of work

This sample scheme of work covers both classroom and workshop based learning for Unit 307. It is based on 4–5 hours per session for 16 sessions. It is an example only of a possible scheme of work and is based on theory and practical within an FE centre, but can be amended to suit all learning facilities with the necessary adjustments to meet individual learners’ needs.

Unit 307 is designed as a stand-alone unit and should be used in conjunction with the standards set for the qualification to ensure full coverage of the learning requirements.

**You can use the sample scheme of work as it is, adjust it or extract content to create a scheme of work to suit your delivery needs. It can also be adjusted by adding theory and practical workshops to support learners who have/need additional learning time.**

Reference is made within the scheme of work to **worksheets**, **handouts**, **activities**, **questions and PowerPoint presentations** (in **black bold**) that are available on SmartScreen.co.uk for tutors to use with learners. Any other resources listed are not provided on SmartScreen but provide guidance for the tutor as to others they may produce. Delivery timings are given, however, these can be amended to suit the group. The content of presentations, discussions, explanations etc are left to the professionalism of the course tutor.

Centres should also incorporate the following themes, where appropriate, as strands running through each of the sections within the qualification. Although they are not specifically referred to in the section content section, City & Guilds regards these as essential in the teaching of the qualification:

* health and safety considerations, in particular the need to impress upon learners the fact that they must preserve the health and safety of others as well as themselves
* Core skills (mathematics, reading, writing speaking and listening)
* extension tasks and differentiation, inclusion, entitlement and equality issues
* spiritual, moral, social and cultural issues
* environmental education
* use of information learning technology (ILT).

Unit 307: Produce and present advanced starts using standardised recipes

# Sample scheme of work

**Course/qualification**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Tutor’s name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **Number of sessions**:16 **Delivery hours**: 80 **Venue**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Group**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- |
| **Aims** * The aim of this unit is to provide learners with the skills of how to produce and present advanced starters using standardised recipes, ensuring an ability to adjust standardised recipes to meet volume demands or guest needs.
* Learners will develop the skills to produce both hot and cold soups, advanced hot and cold starter courses and accompanying sauces that feature on traditional and contemporary menus.
* Learners will also use classical and contemporary methods of preparation to create the first course to a meal experience or light lunch option for the guest suitable for restaurant and volume catering.
 | **Learning outcomes:**To enable learners to:* be able to prepare, cook and serve hot soups and advanced hot starters
* be able to prepare, cook and serve cold soups and advanced cold starters
* be able to prepare dressings, sauces, chutneys and relishes to accompany starters.
 |

| Session | Objectives/learning outcomes**The learner will:** | Activities and resources | Assessment |
| --- | --- | --- | --- |
| 15 hours | **Learning outcome 1:****Be able to prepare, cook and serve hot soups and advanced hot starters** The learner can:1.1 Check **quality** of **ingredients****Quality*** Visual
* Aroma
* Texture
* Use by and best before dates

**Ingredients*** Fresh stock
* Convenience stock
* Meat
* Fish
* Shellfish
* Vegetables
* Pulses
* Grains
* Seaweed
* Noodles
* Pasta
* Bread

1.2 Determine correct **quantity** of ingredients**Quantity*** Adapt standardised recipe
* Increasing yield amount
* Adjusting ingredients
* Use weighing scales and measuring equipment
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 1** and encourage Q&A.
* Task learners in groups of four for activity **Worksheet 1**. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate.
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 1**
* **PowerPoint presentation 1**
* **Worksheet 1**

  | **Worksheet 1****Practical activity**  |
| 25 hours | **Learning outcome 1:****Be able to prepare, cook and serve hot soups and advanced hot starters** 1.3 Monitor the safe use of **equipment** used when making hot soups and hot starters**Equipment*** Temperature probe
* Blender
* Food processor
* Frying pans
* Mandolin
* Mixers
* Blast chillers and blast freezers
* Cold holding equipment
* Fryers and griddles
* Grills
* Hobs
* Hot holding equipment
* Ovens
* Steamers
* Soup kettle

1.4Preparea range of hot soups and hot starters using correct **preparation methods****Preparation methods*** Blending
* Clarification mix
* Clarifying butter
* Filleting
* Purging
* Sous vide water bath
* Tenderising
* Thermomix
* Marinating
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 2** and encourage Q&A.
* Task learners in groups of four for activity Worksheet 2. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate.
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 2**
* **PowerPoint presentation 2**
* **Worksheet 2**

  | **Worksheet 2****Practical activity**  |
| 35 hours | **Learning outcome 1:****Be able to prepare, cook and serve hot soups and advanced hot starters** 1.5 **Cook** a range of hot soups and hot starters**Cooking*** Boiling
* Poaching
* Steaming
* Simmering

1.6 Apply **quality checks** during the cooking of hot soups and advanced starters**Quality checks*** Correct Temperature
* Timing
* Texture
* Correct degree of cooking
* Seasoning
* Evaporation
* Liquid levels

1.7 Use equipment safelyduring the cooking of hot soups and advanced starters1.8Finish a range of hot soups and advanced hot starters using appropriate **finishing methods****Finishing*** Garnishing
* Saucing
* Glazing
* Gratinating
* Flambéing
* Passed
* Strained
* Pureed
* Un passed
* Clarified
* Serving
* Plating
* Correct temperature
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 3** and encourage Q&A.
* Task learners in groups of four for activity Worksheet 3. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 3**
* **PowerPoint presentation 3**
* **Worksheet 3**

  | **Worksheet 3****Practical activity**  |
| 45 hours | **Learning outcome 1:****Be able to prepare, cook and serve hot soups and advanced hot starters** 1.5 **Cook** a range of hot soups and hot starters* Baking
* Roasting
* Grilling

1.6 Apply **quality checks** during the cooking of hot soups and advanced starters**Quality checks*** Correct Temperature
* Timing
* Texture
* Correct degree of cooking
* Seasoning
* Evaporation
* Liquid levels

1.7 Use equipment safelyduring the cooking of hot soups and advanced starters1.8Finish a range of hot soups and advanced hot starters using appropriate **finishing methods****Finishing*** Garnishing
* Saucing
* Glazing
* Gratinating
* Flambéing
* Passed
* Strained
* Pureed
* Un passed
* Clarified
* Serving
* Plating
* Correct temperature
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 4** and encourage Q&A.
* Task learners in groups of four for activity Worksheet 4. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 4**
* **PowerPoint presentation 4**
* **Worksheet 4**
 | **Worksheet 4****Practical activity**  |
| 55 hours | **Learning outcome 1:****Be able to prepare, cook and serve hot soups and advanced hot starters** The learner can:1.5 **Cook** a range of hot soups and hot starters**Cooking*** Shallow frying
* Deep frying
* Combination

1.6 Apply **quality checks** during the cooking of hot soups and advanced starters**Quality checks*** Correct Temperature
* Timing
* Texture
* Correct degree of cooking
* Seasoning
* Evaporation
* Liquid levels

1.7 Use equipment safelyduring the cooking of hot soups and advanced starters1.8Finish a range of hot soups and advanced hot starters using appropriate **finishing methods****Finishing*** Garnishing
* Saucing
* Glazing
* Gratinating
* Flambéing
* Passed
* Strained
* Pureed
* Un passed
* Clarified
* Serving
* Plating
* Correct temperature
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 5** and encourage Q&A.
* Task learners in groups of four for activity Worksheet 5. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate.

Resources:* **Lesson plan 5**
* **PowerPoint presentation 5**
* **Worksheet 5**

  | **Worksheet 5****Practical activity** |
| 65 Hours  | **Learning outcome 2:****Be able to prepare, cook and serve cold soups and advanced cold starters and mezze**2.1 Check **quality** of **ingredients****Quality*** Visual
* Aroma
* Texture
* Use by and best before dates

**Ingredients*** Bread
* Convenience stock
* Dairy products
* Fresh stock
* Grains
* Meat
* Noodles
* Pulses
* Seaweed
* Cheese
* Eggs
* Fish
* Game
* Offal
* Pasta
* Pastry
* Poultry
* Rice
* Shellfish
* Textured vegetable proteins
* Vegetables

2.2 Determine correct **quantity** of ingredients**Quantity*** Adapt standardised recipe
* Increasing yield amount
* Adjusting ingredients
* Use weighing scales and measuring equipment
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 6** and encourage Q&A.
* Task learners in groups of four for activity **Worksheet 6**. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 6**
* **PowerPoint presentation 6**
* **Worksheet 6**
 | **Worksheet 6****Practical activity**  |
| 7 5 hours | **Learning outcome 2:****Be able to prepare, cook and serve cold soups and advanced cold starters and mezze**2.3 Monitor the safe use of **equipment** used when making cold soups, mezze and advanced cold starters**Equipment*** Temperature probe
* Blender
* Food processor
* Frying pans
* Mandolin
* Mixers
* Blast chillers and blast freezers
* Cold holding equipment
* Fryers and griddles
* Grills
* Hobs
* Hot holding equipment
* Ovens
* Steamers

2.4Preparea range of cold soups, mezze and advanced cold starters using correct **preparation methods****Preparation methods*** Blending
* Clarification mix
* Clarifying butter
* Filleting
* Purging
* Sous vide water bath
* Tenderising
* Thermomix
* Marinating
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 7** and encourage Q&A.
* Task learners in groups of four for activity **Worksheet 7**. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 7**
* **PowerPoint presentation 7**
* **Worksheet 7**

  | **Worksheet 7****Practical activity**  |
| 85 hours | **Learning outcome 2:****Be able to prepare, cook and serve cold soups and advanced cold starters and mezze**2.5 **Cook** a rangeofcold soups, mezze and advanced cold starters using different methods of cookery**Cooking*** Baking
* Combination

2.6 Apply **quality checks** during the cooking of cold soups, advanced cold starters and mezze**Quality checks*** Correct Temperature
* Timing
* Texture
* Correct degree of cooking
* Seasoning
* Colour

2.7 Use equipment safelyduring the making of cold soups, mezze and advanced cold starters2.8 Finish a range of cold soups, mezze and advanced cold starters using appropriate **finishing methods****Finishing*** Garnishing
* Saucing
* Dressing
* Gratinating
* Flambéing
* Passed
* Strained
* Pureed
* Un passed
* Clarified
* Serving
* Plating
* Chilling
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 8** and encourage Q&A.
* Task learners in groups of four for activity **Worksheet 8**. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 8**
* **PowerPoint presentation 8**
* **Worksheet 8**

  | **Worksheet 8****Practical activity**  |
| 95 hours | **Learning outcome 2:****Be able to prepare, cook and serve cold soups and advanced cold starters and mezze**2.5 **Cook** a rangeofcold soups, mezze and advanced cold starters using different methods of cookery**Cooking*** Poaching
* Boiling
* Simmering
* Steaming

2.6 Apply **quality checks** during the cooking of cold soups, mezze and advanced cold starters**Quality checks*** Correct Temperature
* Timing
* Texture
* Correct degree of cooking
* Seasoning
* Colour

2.7 Use equipment safelyduring the making of cold soups, mezze and advanced cold starters2.8 Finish a range of cold soups, mezze and advanced cold starters using appropriate **finishing methods****Finishing*** Garnishing
* Saucing
* Dressing
* Gratinating
* Flambéing
* Passed
* Strained
* Pureed
* Un passed
* Clarified
* Serving
* Plating
* Chilling
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 9** and encourage Q&A.
* Task learners in groups of four for activity **Worksheet 9**. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 9**
* **PowerPoint presentation 9**
* **Worksheet 9**

.  | **Worksheet 9****Practical activity**  |
| 105 Hours  | **Learning outcome 2:****Be able to prepare, cook and serve cold soups and advanced cold starters and mezze**2.5 **Cook** a rangeofcold soups, mezze and advanced cold starters using different methods of cookery**Cooking*** Grilling
* Bain marie

2.6 Apply **quality checks** during the cooking of cold soups, mezze and advanced cold starters**Quality checks*** Correct Temperature
* Timing
* Texture
* Correct degree of cooking
* Seasoning
* Colour

2.7 Use equipment safelyduring the making of cold soups, mezze and advanced cold starters2.8 Finish a range of cold soups, mezze and advanced cold starters using appropriate **finishing methods****Finishing*** Garnishing
* Saucing
* Dressing
* Gratinating
* Flambéing
* Passed
* Strained
* Pureed
* Un passed
* Clarified
* Serving
* Plating
* Chilling
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 10** and encourage Q&A.
* Task learners in groups of four for activity **Worksheet 10**. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 10**
* **PowerPoint presentation 10**
* **Worksheet 10**
 | **Worksheet 10****Practical activity**  |
| 115 Hours | **Learning outcome 3:****Be able to prepare dressings, sauces, chutneys and relishes to accompany starters**3.1 Check **quality** of **ingredients****Quality*** Visual
* Aroma
* Use by and best before dates

**Ingredients*** Eggs
* Vinegar
* Vegetable oils
* Mayonnaise
* Balsamic vinegar
* Mustards
* Fish sauce
* Hot sauce
* spices
* Sugar
* Fruits
* Herbs
* Chillies
* Vegetables
* Cheese
* Buttermilk
* Ginger
* Soy sauce

3.2 Determine correct **quantity** of ingredients**Quantity*** Adapt standardised recipe
* Increasing yield amount
* Adjusting ingredients

Use weighing scales and measuring equipment | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 11** and encourage Q&A.
* Task learners in groups of four for activity **Worksheet 11**. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 11**
* **PowerPoint presentation 11**
* **Worksheet 11**
 | **Worksheet 11****Practical activity**  |
| 125 Hours | **Learning outcome 3:****Be able to prepare dressings, sauces, chutneys and relishes to accompany starters**3.3 Monitor the safe use of **equipment** used when making dressings, sauces, chutneys and relishes**Equipment*** Temperature probe
* Blender
* Chopping boards
* Food processor
* Mandolin
* Measuring jug
* Mixers
* Blast chillers and blast freezers
* Hobs
* Ovens
* Steamers

3.4Preparea range of dressings, sauces, chutneys and relishes using correct **preparation methods****Preparation methods*** Weighing /measuring
* Cutting
* Deseeding
* Blending
* Pureeing
* Grating
* Emulsifying
* Mixing
* Infusing
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 12** and encourage Q&A.
* Task learners in groups of four for activity **Worksheet 12**. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 12**
* **PowerPoint presentation 12**
* **Worksheet 12**
 | **Worksheet 12****Practical activity**  |
| 135 Hours | **Learning outcome 3:****Be able to prepare dressings, sauces, chutneys and relishes to accompany starters**3.5 **Cook** a rangeofdressings, sauces, chutneys and relishes using different methods of cookery**Cooking*** Boiling
* Simmering
* Steaming

3.6 Apply q**uality checks** during the making of dressings, sauces, chutneys and relishes**Quality checks*** Correct Temperature
* Timing
* Texture
* Correct degree of cooking
* Seasoning

3.7 Use equipment safelyduring the making of dressings, sauces, chutneys and relishes3.8 Use a range of dressings, sauces, chutneys and relishes for **finishing** of starters **Finishing*** Correct consistency
* Flavour balance
* Garnishing
* Dressing
* Storage
* Chilling
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 13** and encourage Q&A.
* Task learners in groups of four for activity **Worksheet 13**. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 13**
* **PowerPoint presentation 13**
* **Worksheet 13**
 | **Worksheet 13****Practical activity**  |
| 145 Hours | **Learning outcome 3:****Be able to prepare dressings, sauces, chutneys and relishes to accompany starters**3.5 **Cook** a rangeofdressings, sauces, chutneys and relishes using different methods of cookery**Cooking*** Combination
* Bain marie

3.6 Apply q**uality checks** during the making of dressings, sauces, chutneys and relishes**Quality checks*** Correct Temperature
* Timing
* Texture
* Correct degree of cooking
* Seasoning

3.7 Use equipment safelyduring the making of dressings, sauces, chutneys and relishes3.8 Use a range of dressings, sauces, chutneys and relishes for **finishing** of starters **Finishing*** Correct consistency
* Flavour balance
* Garnishing
* Dressing
* Storage
* Chilling
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 14** and encourage Q&A.
* Task learners in groups of four for activity **Worksheet 14**. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 14**
* **PowerPoint presentation 14**
* **Worksheet 14**
 | **Worksheet 14****Practical activity**  |
| 155 Hours | **Learning outcome 3:****Be able to prepare dressings, sauces, chutneys and relishes to accompany starters**3.5 **Cook** a rangeofdressings, sauces, chutneys and relishes using different methods of cookery**Cooking*** Grilling
* Roasting

3.6 Apply q**uality checks** during the making of dressings, sauces, chutneys and relishes**Quality checks*** Correct Temperature
* Timing
* Texture
* Correct degree of cooking
* Seasoning

3.7 Use equipment safelyduring the making of dressings, sauces, chutneys and relishes3.8 Use a range of dressings, sauces, chutneys and relishes for **finishing** of starters **Finishing*** Correct consistency
* Flavour balance
* Garnishing
* Dressing
* Storage
* Chilling
 | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 15** and encourage Q&A.
* Task learners in groups of four for activity **Worksheet 15**. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 15**
* **PowerPoint presentation 15**
* **Worksheet 15**
 | **Worksheet 15****Practical activity**  |
| 16 5 Hours | Recap and review week | Activities:* Introduce the aims of the session.
* Tutor to deliver **PowerPoint 16** and encourage Q&A.
* Task learners in groups of four for activity **Worksheet 16**. Set a time limit of 30 minutes. Discuss/fill gaps as a class.
* Learners to complete a 3-hour practical session using developed standardised recipe covering the identified criteria for all the following:
* Ingredients – compile a food order list of ingredients covering everything required
* Quality – check quality of all ingredients
* Equipment – Collect all required equipment for the dishes to be produced
* Preparation methods – which preparation methods are used for this task
* Cooking methods – using the range of cookery methods to produce the dishes
* Finishing – how is the dish finished, served and added to the starter where appropriate
* Learner review and evaluation of practical session.

Resources:* **Lesson plan 16**
* **PowerPoint presentation 16**
* **Worksheet 16**
 | **Worksheet 16****Practical activity 16** |