

Unit 308: Produce and present advanced main course dishes using standardised recipes

Sample lesson plan 23

Course number: _____ Course title: _____

Tutor's name: _____ Date: _____ Time: _____ Lesson length: 5 hours Room: _____

Lesson topic:

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| <p>Aims:</p> <ul style="list-style-type: none"> • The purpose of this unit is to provide learners with the skills in how to produce and present advanced main course dishes using standardised recipes, ensuring an ability to adjust standardised recipes to meet volume demands or guest needs. • Learners will also use classical and contemporary methods of preparation to create the main course to a meal experience or lunch option for the guest suitable for restaurant and volume catering. | <p>Learning outcomes:</p> <p>To enable learners to understand:</p> <ul style="list-style-type: none"> • advanced side dishes. |
|---|---|

| Timing (mins) | Work to be covered | Teaching activity/assessment | Learner activity | Resources |
|---------------|---|--|---|-----------------------------|
| 5 minutes | Registration and welcome. | Take register. | | |
| 15 minutes | Recap previous session. | <p>Group discussion/reflection: Reflection of the previous session focusing on what went well and what could be improved in the production, cooking and finishing of advanced side dishes.</p> <p>Discuss any follow up points or questions the learners may have from previous lesson.</p> | <p>Group discussion/reflection: Reflection of the previous session focusing on what went well and what could be improved in the production, cooking and finishing of advanced side dishes.</p> <p>Learner discussion and Q&A.</p> | <p>Whiteboard</p> <p>IT</p> |
| 5 minutes | Aims and objectives. | Discuss the aims and objectives for the lesson. | Learner discussion and Q&A. | <p>Whiteboard</p> <p>IT</p> |
| 5 minutes | <p>Introductory task 1:</p> <p>Prepare a range of advanced side dishes using correct preparation methods</p> <p>Cook a range of advanced side dishes using different methods of cookery</p> | <p>Outline the focus of the lesson to include:</p> <ul style="list-style-type: none"> preparation, cooking and finishing of advanced side dishes. <p>Encourage Q&A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit.</p> | Learner discussion and Q&A. | <p>Whiteboard</p> <p>IT</p> |

| Timing (mins) | Work to be covered | Teaching activity/assessment | Learner activity | Resources |
|-------------------|---|---|---|--|
| | <p>Apply quality checks during the cooking for advanced side dishes</p> <p>Use equipment safely during the cooking of advanced side dishes</p> <p>Finish a range of advanced side dishes using appropriate finishing methods.</p> | | | |
| <p>40 minutes</p> | <p>Introductory task 2:</p> <p>Prepare a range of advanced side dishes using correct preparation methods</p> <p>Cook a range of advanced side dishes using different methods of cookery</p> <p>Apply quality checks during the cooking for advanced side dishes</p> | <p>Provide learners with recipes decided by the centre, considering a wide range of different preparation, cooking and finishing methods and showing full coverage of the assessment criteria. Learners are to weigh the ingredients required for:</p> <ul style="list-style-type: none"> • advanced sides dishes using the grilling method of cookery • advanced sides dishes using the poaching method of cookery • advanced sides dishes using the roasting method of cookery | <p>Learners are to weigh the ingredients required for:</p> <ul style="list-style-type: none"> • advanced sides dishes using the grilling method of cookery • advanced sides dishes using the poaching method of cookery • advanced sides dishes using the roasting method of cookery • advanced sides dishes using the shallow-frying method of cookery • advanced sides dishes using the deep-frying method of cookery. | <p>Whiteboard</p> <p>Recipes</p> <p>Ingredients</p> <p>Large and small equipment</p> |

| Timing (mins) | Work to be covered | Teaching activity/assessment | Learner activity | Resources |
|------------------|--|--|---|--|
| | <p>Use equipment safely during the cooking of advanced side dishes</p> <p>Finish a range of advanced side dishes using appropriate finishing methods.</p> | <ul style="list-style-type: none"> advanced sides dishes using the shallow-frying method of cookery advanced sides dishes using the deep-frying method of cookery. | <p>Learner discussion and Q&A.</p> | |
| <p>3.5 hours</p> | <p>Main body of lesson:</p> <p>Prepare a range of advanced side dishes using correct preparation methods</p> <p>Cook a range of advanced side dishes using different methods of cookery</p> <p>Apply quality checks during the cooking for advanced side dishes</p> <p>Use equipment safely during the cooking of advanced side dishes</p> | <p>Activity: Tutors should apply the explain, demonstrate, imitate and practice (EDIP) teaching methodology.</p> <p>Following the explanation and demonstration task learners to prepare and cook and finish the dishes.</p> <p>Encourage the learners to develop their skills through observation and individual feedback.</p> <p>Explain the requirements to evaluate each and every dish against their specification.</p> | <p>Learners to prepare and cook and finish the dishes for:</p> <ul style="list-style-type: none"> advanced sides dishes using the grilling method of cookery advanced sides dishes using the poaching method of cookery advanced sides dishes using the roasting method of cookery advanced sides dishes using the shallow-frying method of cookery advanced sides dishes using the deep-frying method of cookery. | <p>Whiteboard</p> <p>Recipes</p> <p>Ingredients</p> <p>Large and small equipment</p> |

| Timing (mins) | Work to be covered | Teaching activity/assessment | Learner activity | Resources |
|---------------|---|--|------------------------------|----------------------|
| | Finish a range of advanced side dishes using appropriate finishing methods. | | Learner discussion and Q&A.. | |
| 20 minutes | <p>Summary of session:</p> <p>Prepare a range of advanced side dishes using correct preparation methods</p> <p>Cook a range of advanced side dishes using different methods of cookery</p> <p>Apply quality checks during the cooking for advanced side dishes</p> <p>Use equipment safely during the cooking of advanced side dishes</p> <p>Finish a range of advanced side dishes</p> | Group question and answer session: Individual learner's oral questions specific to the topic. | Learner discussion and Q&A. | Whiteboard IT |

| Timing (mins) | Work to be covered | Teaching activity/assessment | Learner activity | Resources |
|---|---|------------------------------|------------------|-----------|
| | using appropriate finishing methods. | | | |
| <p>How learning is to be measured:</p> <ul style="list-style-type: none"> • Oral questions and answers • End of unit assessment (City and Guilds set). | | | | |
| <p>Homework/research work:</p> | | | | |
| <p>Lesson evaluation</p> | <ul style="list-style-type: none"> • Was the lesson better than expected • As expected • Worse than expected | | | |
| <p>Lesson evaluation/comments:</p> | | | | |
| <p>Suggestions/modifications for next lessons:</p> | | | | |