Unit 308: Produce and present advanced main course dishes using standardised recipes

Activity 1: Advanced main course dishes ingredients

Think about the favourite advanced main course dish discussed in the starter session and research using the internet the ingredients used in the dishes. Classify them into different groups and suggest what alternative ingredients could be used if the ingredient wasn't available.

Vegetarian

Dish name:

Ingredient	Classification	Alternative ingredient

Meat dish

Dish name:

Ingredient	Classification	Alternative ingredient

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Poultry dish

Dish name:

Ingredient	Classification	Alternative ingredient

Offal dish

Dish name:

Ingredient	Classification	Alternative ingredient

Fish dish

Dish name:

Ingredient	Classification	Alternative ingredient

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Ingredient	Classification	Alternative ingredient

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