

# **2**IO

## Provide eyelash and eyebrow treatments

Eyelash and eyebrow treatments are some of the most satisfying treatments to carry out, and their popularity among male clients is also growing. You will learn how to assess the client's natural eyebrow and advise them on the most suitable shape, taking into account their face shape, existing eyebrow shape and hair density. Tweezing away the hairs may result in a dramatic enhancing of the eyes. You will also learn how to use permanent colour to define brows and lashes, giving the appearance of longer and thicker lashes. Other treatments are also covered in this unit, including threading, semipermanent make-up and lash perming.

# Assignment mark sheet

# Unit 210 Provide eyelash and eyebrow treatments

Your assessor will mark you on each of the practical tasks in this unit. This page is used to work out your overall grade for the unit. You must pass **all** parts of the tasks to be able to achieve a grade. For each completed practical task a pass equals 1 point, a merit equals 2 points and a distinction equals 3 points.

What you must know	Tick when complete			
Task 1a: produce an information sheet				
Task 1b: produce a fact sheet				
Task 1c: anatomy and physiology				
<b>Or</b> tick if covered by a GOLA online test				
What you must do	Grade	Points		
Task 2a: provide eyebrow shape treatment	_			
Task 2b: provide eyelash tint treatment	_			
Task 2c: provide eyelash extension treatment				
Conversion chart Grade Points	Total points for graded tasks			
Pass 1–1.5	Divided by	. 2		
Merit 1.6–2.5		÷3		
Distinction 2.6–3	=			
Use a magnifying lamp if your client has fine, fair your client has fine, fair eyebrow hairs. Otherwise you may miss them and your may miss them and your client will not be satisfied.	Overall grade (see conversion chart)  Candidate name:			
eyebrow hairs. Otherwise your may miss them and your client will not be satisfied.	Candidate signature:	Date:		
	Assessor signature:	Date:		
	Quality assurance co-ordinator sig (where applicable):	nature Date:		
	External Verifier signature (where applicable):	Date:		
Unit 210 Level 2 VRO Beauty Therapy				

## What does it mean?

# Some useful words are explained below

### Conjunctivitis

A nasty eye condition where the eyes are red, swollen and sticky.

### **Contaminated waste**

Consumables that have been soiled with bodily fluids. This type of waste requires special disposal methods.

### Contra-action

An unfavourable reaction that may occur either during or after the treatment, eg skin swelling or excessive erythema.

### **Erythema**

Redness of the skin due to the blood vessels bringing blood to the surface.



### Eye shields

These can be damp half-moons of cotton wool or pre-prepared pads used to protect the eye area from tint.



### False lash application

The use of strip or flared lashes that are applied to the client for a special occasion, usually lasting for the evening or if treated carefully, a week.

### Hydrogen peroxide

A chemical that is mixed with the tint to activate the colour.

### Ice packs

Cold compresses, either flannel, damp cotton pads, or ice wrapped in a small towel. All are used to calm an irritated area.

### Lash extension

Advanced technique used to lengthen the client's eyelashes. An individual false lash is attached to an existing lash and will last for up to six weeks.

### Patch test

A test carried out 24 hours before the treatment to see if the client is allergic to the tinting products.

### **Sterilisation**

The process of destroying all micro-organisms and their spores.

### Stye

A small infection at the base of the eyelash follicle; it is red, sore and swollen.

### **Threading**

A specialised method of hair removal using the swift action of fingers, thumbs and tight thread.



### Warming devices

These may be steam, hot flannels or hot, damp pads that are used to open the hair follicles to make the removal of the hairs easier.

## What you must know

### You must be able to:

### Revision tip

If the eyebrow hairs are thick and coarse, apply a hot compress to each brow for a few minutes. This will open up the follicles, making the hair removal easier and less painful.



Follow in the footsteps of... Gabie Williams

Gabie started studying the VRQ Beauty Consultancy Diploma at The Folkestone Academy at 14 years old. She enjoyed it so much that she is now studying Beauty Therapy at sixth form. Gabie is particularly interested in lash and brow treatments, as she loves making people feel good about themselves. Look for the pink quote marks to see what she has to say to you!

- 1 describe salon requirements for preparing yourself, the client and the work area
- 2 describe the environmental conditions suitable for eyelash and eyebrow treatments
- 3 describe different consultation techniques used to identify treatment objectives
- 4 describe the types of tests that are carried out before providing eyelash and eyebrow treatments
- **5** state the importance of carrying out tests prior to the treatment and accurately recording the results
- 6 describe the contra-indications that prevent or restrict eyelash and eyebrow treatments
- 7 describe how to select products, tools and equipment to suit the client's treatment needs
- 8 describe the types of eyelash and eyebrow treatments available and their benefits
- 9 outline the types of tests that are carried out before providing an eyelash and eyebrow tinting treatment

Continues on next page



- 10 state the importance of assessing facial characteristics prior to carrying out eyelash and eyebrow treatments
- 11 state how to communicate and behave in a professional manner
- 12 describe health and safety working practices
- **13** explain the importance of positioning yourself and the client correctly throughout the treatment
- **14** explain the importance of using products, tools, equipment and techniques to suit the client's treatment needs
- 15 describe how treatments can be adapted to suit the client's treatment needs and facial characteristics
- **16** describe the normal reaction of the skin to eyebrow shaping treatments
- 17 state the contra-actions that may occur during and following treatments and how to respond
- **18** describe the chemical reaction which creates the tinting effect
- **19** state the importance of completing the treatment to the satisfaction of the client
- **20** state the importance of completing treatment records
- **21** state the aftercare advice that should be provided
- **22** describe the structure and function of the skin and hair
- **23** describe diseases and disorders of the skin and hair



Eyelash and brow tinting is great for mature clients with fine lashes or when their natural colour has faded. It defines the eye area, giving the appearance of mascara.





Brow shaping can create a dramatic change to a client's eyes but it is important to do this in stages. I always ask my client to check in the mirror to make sure they are happy before I remove more hairs.

# Lasnes at





ourtesy of www.juliafrancis.co.uk (left) and iStockphoto.com/Iconogenic (right)







Always check that the client has had a recent skin test and that the result was negative and recorded before giving an eyelash or brow tint.

# What you must do Practical observations

This page shows what you need to do during your practical tasks. You can look at it beforehand, but you're **not** allowed to have it with you while carrying out your practical tasks. You must achieve all the criteria; you can achieve 1 mark, 2 marks or 3 marks for the criteria indicated with \*.

### **Conversion chart**

Grade	Marks ranges			
	Α	В	С	
Pass	10-12	11-13	11-12	
Merit	13-17	14-18	13-16	
Distinction	18-20	19-21	17-19	

treatments

Eyelash extension

С

O Please tick when all pre-observation requirements have been met.

			Pro	vide	eyelas	h an	d eye	brow
			a Eye	brow	shape	b Eyel	ash tir	nt
1	Prepare yourself, the of	lient and the work area elash treatment	1			1		
2	Use suitable consultati treatment objectives *	on techniques to identify	1	2	3	1	2	3
3	Interpret and accurate carried out prior to trea					1		
4	Provide clear recomme	endations to the client $^*$	1	2	3	1	2	3
5	Position yourself and the throughout the treatm		1	,	,	1		
6	Follow health and safet	ty working practices	1			1		
7	7 Communicate and behave in a professional manner		1			1		
8		s, tools, equipment and lient's treatment needs *	1	2	3	1	2	3
9	Complete the treatment of the client *	nt to the satisfaction	1	2	3	1	2	3
10	Record the results of the the client	ne treatment with	1	,	,	1	'	
11	Provide suitable afterc	are advice *	1	2	3	1	2	3
		Totals		,			,	
		Grade						
		Candidate signature and date						
		Assessor signature and date						

1	2	3	1	2	3	1	2	3
			1			1		
1	2	3	1	2	3	1	2	3
1			1			1		
1			1			1		
1			1			1		
1	2	3	1	2	3	1		
1	2	3	1	2	3	1	2	3
1			1			1		
1	2	3	1	2	3	1	2	3

# What you must do Practical observations descriptors table

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with \* on the previous page.

	1 mark	2 marks	3 marks
2 Use suitable consultation techniques to identify treatment objectives	Basic consultation carried out. Examples: closed questions used throughout, questioning covered contra-indications.	Good consultation carried out. Examples: open and closed questions, positive body language, questioning covered contraindications, general health, lifestyle and expectations.	Thorough consultation carried out. Examples: open and closed questions, positive body language, questioning covered contra-indications, general health, lifestyle and expectations.
4 Provide clear recommendations to the client	A basic treatment plan is recommended. Examples: objectives of the treatment identified.	A good treatment plan is recommended. Examples: objectives of the treatment identified, taking into account client expectations.	A thorough treatment plan is recommended. Examples: objectives of the treatment identified, taking into account hair growth or colour characteristics, general health, medication, client lifestyle, expectations, pain threshold, and current method of eyebrow/eyelash treatment.

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## What you must do

# Practical observations descriptors table (continued)

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with \* on the previous page.

8
Select and use products, tools equipment and techniques to suit the client's treatment needs

### 1 mark

### **Eyelash tinting**

Tint is applied and removed safely, in accordance with the treatment plan.

### **Eyebrow shaping**

Brows are prepared correctly. Hairs are removed swiftly and safely to achieve the desired result.

### 2 marks

### **Eyelash tinting**

Tint is applied and removed safely, in accordance with the treatment plan. All traces of tint are removed from the area.

### **Eyebrow shaping**

Brows are prepared correctly. Hairs are removed swiftly and safely to achieve the desired result. The finished brow shape complements the face and eye shape.

### 3 marks

### **Eyelash tinting**

Tint is applied and removed safely, in accordance with the treatment plan. All traces of tint are removed from the area. Client's skin tone and hair colour are complemented.

### **Eyebrow shaping**

Brows are prepared correctly. Hairs are removed swiftly and safely to achieve the desired result. The finished brow shape complements the face and eye shape.

Extra measures are taken to minimise discomfort, eg heating the skin before tweezing. During the treatments, client is consulted using a mirror to check brow shape is satisfactory.

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66

When tinting lashes tell your client that you need them to keep their eyes closed until you tell them to open them. Clients will keep opening their eyes if you do not give clear instructions.

	1 mark	2 marks	3 marks
9 Complete the treatment to the satisfaction of the client	Complete the treatment to the satisfaction ofcompleted within the agreed time and brought to acompleted wi agreed time client is show		The treatment is completed within the agreed time, brought to a satisfactory close, the client is shown the result, result is adapted if necessary, client is assisted where necessary.
11 Provide suitable aftercare advice	Basic aftercare advice is provided, including possible contra-actions.	Good level of aftercare advice provided, including homecare products and future treatments.	Excellent aftercare advice provided, including homecare products, application and removal techniques and future treatment and recommendations.



## Comment form

# Unit 210 Provide eyelash and eyebrow treatments

This form can be used to record comments by you, your client, or your assessor.

To get the best results, clients should be encouraged to re-book regularly for maintenance treatments.



