



# 225

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## Shaping and colouring eyebrows

Shaping and colouring eyebrows is a satisfying art that can really change the appearance of the client's face, opening up the eyes and making any make-up application look really fantastic. You will learn how to assess the client's eye area and natural brow shape, and how to advise them on the most suitable eyebrow shape and colour taking into account their face shape, existing brow shape, hair colour and hair density. Practically, you will learn how to use eye powders or pencils to add colour and how to use tweezers to take away those stray hairs, achieving a defined result. You will also gain knowledge and understanding of other treatments such as lash perming, waxing and electrolysis.

# Assignment mark sheet

## Unit 225 Shaping and colouring eyebrows

Your assessor will mark you on each of the practical tasks in this unit. This page is used to work out your overall grade for the unit. You must pass **all** parts of the tasks to be able to achieve a grade. **For each completed practical task, a pass equals 1 point, a merit equals 2 points and a distinction equals 3 points.**

| What you must know                               | Tick when complete |
|--|--------------------|
| Task 1a: produce an information sheet            |                    |
| Task 1b: produce a fact sheet                    |                    |
| Task 1c: anatomy and physiology                  |                    |
| <b>Or</b> tick if covered by a GOLLA online test |                    |

| What you must do                  | Grade | Points |
|-----------------------------------|-------|--------|
| Task 2a: eyebrow colour treatment |       |        |
| Task 2b: eyebrow shape treatment  |       |        |

**Conversion chart**

| Grade       | Points  |
|-------------|---------|
| Pass        | 1–1.5   |
| Merit       | 1.6–2.5 |
| Distinction | 2.6–3   |

Total points for graded tasks

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Divided by

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**Overall grade**  
(see conversion chart)



Candidate name:

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Candidate signature: Date:

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Assessor signature: Date:

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Quality assurance co-ordinator signature (where applicable): Date:

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External Verifier signature (where applicable): Date:

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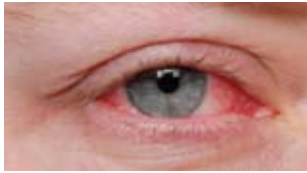
Image courtesy of Tsuni/Camera Press London

## What does it mean?

Some useful words are explained below

### Automatic tweezers

These are spring-loaded – use with care – and are used to remove a bulk of hair.



### Conjunctivitis

A bacterial infection where the eyes are red, swollen and sticky.

### Contra-action

An unfavourable reaction that may occur either during or after the treatment, eg skin swelling, excessive erythema.

### Direction of growth

The direction the hair grows up through the follicle and out on to the skin's surface.

### Erythema

Redness of the skin due to the blood vessels bringing blood to the surface.

### Eyebrow pencil

Usually comes in either brown, black or grey; it is quite a hard pencil and can give a sharp line.

### Eyebrow powder

A soft powder applied with a brush or sponge applicator; comes in a variety of colours, the most popular being black or brown. Fashion trends  
Current popular eyebrow shapes and thicknesses.

### Ice packs

Cold compresses; may be damp cotton pads or ice wrapped in a small towel. All are used to calm an irritated area.

### Sterilisation

The process of destroying all micro-organisms and their spores.

### Stye

A small boil at the base of an eyelash follicle which is red, sore and swollen.



### Threading

A specialised method of hair removal using the swift action of fingers, thumbs and tight thread.



### Tweezers

Made of stainless steel, these come in a variety of shapes: slanted, claw and pointed.

### Warming devices

These include steam, hot towels or hot damp pads that are used to open the hair follicles to make the removal of the hairs easier.



## What you must know

### You must be able to:

- 1 describe the salon's requirement for client preparation, preparing yourself and the work area
- 2 identify different consultation techniques used to identify treatment objectives
- 3 describe the factors that need to be considered when selecting techniques, products, tools and equipment
- 4 describe the environmental conditions suitable for shaping and colouring eyebrow treatments
- 5 describe the safety considerations that must be taken into account when providing shaping and colouring eyebrow treatments
- 6 identify a range of tools and equipment for shaping and colouring eyebrow treatments
- 7 identify products and their key ingredients
- 8 describe the types of eyelash and eyebrow treatments available
- 9 describe the types of tests that are carried out before providing an eyelash and eyebrow tinting treatment
- 10 describe the relationship between eyebrow shape and the client's facial characteristics
- 11 describe contra-indications that prevent or restrict eyelash and eyebrow treatments

*Continues on next page*

#### Revision tip

If the eyebrow hairs are thick and coarse, apply a hot compress to each brow for a few minutes. This will open up the follicles, making the hair removal easier and less painful.



### Follow in the footsteps of... *Kayla Goodman* “

Kayla completed her training at Aoraki Polytechnic in 2009. She was the top student for the City & Guilds Diploma in Beauty Therapy. After completing her Advanced Diploma in Beauty Therapy Kayla landed her dream job as Spa Administrator at the Alpine Springs and Spa on the edge of Lake Tekapo, New Zealand. **Look for the pink quote marks to see what she has to say to you!**

- 12 describe how to communicate and behave in a professional manner
- 13 state the importance of positioning yourself and the client correctly throughout the treatment
- 14 describe safe and hygienic working practices
- 15 describe contra-actions which might occur during and following the treatment and how to respond
- 16 describe the aftercare advice that should be provided
- 17 state the importance of completing the treatment to the satisfaction of the client
- 18 state the methods of evaluating the effectiveness of the treatment
- 19 describe methods of minimising discomfort during eyebrow shaping treatments
- 20 state the importance of cleansing the eye area correctly
- 21 describe the normal response of the skin to eyebrow shaping treatments
- 22 state the basic ingredients of tinting products
- 23 describe the chemical reaction which creates the tinting effect
- 24 describe the structure and the main function of the skin and hair
- 25 describe the main diseases and disorders of the skin and hair
- 26 state how to maintain a record of products used

#### Revision tip

When using eyebrow powder, pat the applicator or brush on to a tissue prior to application; this keeps dust particles from dropping down on to the eyelids and face.



*Good lighting is essential for eyebrow treatments!*



*Apply eyebrow pencil using small strokes to mimic hairs. This gives a natural looking finish.*

Use a magnifying lamp if your client has fine, fair eyebrow hairs otherwise you may miss them and your client will not be satisfied.

# Shaping and co



Always make sure you stretch the skin. This will help to avoid pinching it when tweezing hairs.

“

*Work with what you have – never over-shape fine eyebrows.*



# Colouring brows



*Well shaped brows help to give the whole face a polished look.*

*If you are carrying out a total reshape, alternate between eyebrows and keep looking at them both from the front to make sure they are even and balanced.*



# What you must do

## Practical observations

This page shows what you need to do during your practical task. You can look at it beforehand, but you're **not** allowed to have it with you while carrying out your practical task. You must achieve **all** the criteria; you can achieve 1 mark, 2 marks or 3 marks for the criteria indicated with **\***.

- 1 Prepare yourself, the client and the work area for the treatment
- 2 Use suitable consultation techniques to identify treatment objectives \*
- 3 Identify influencing factors
- 4 Provide clear recommendations to the client based on identified factors \*
- 5 Position yourself and the client correctly throughout the treatment
- 6 Follow health and safety working practices
- 7 Communicate and behave in a professional manner
- 8 Select and use products, tools and equipment, taking into account identified factors
- 9 Use colouring techniques taking into account identified factors
- 10 Use tweezing techniques, taking into account identified factors \*
- 11 Complete the treatment to the satisfaction of the client \*
- 12 Record and evaluate the results of the treatment with the client
- 13 Provide suitable aftercare advice \*

Total

Grade

Candidate signature and date

Assessor signature and date

### Conversion chart

| Grade       | Marks ranges |       |
|-------------|--------------|-------|
|             | A            | B     |
| Pass        | 12–13        | 12–14 |
| Merit       | 14–17        | 15–19 |
| Distinction | 18–20        | 20–22 |

Please tick when all pre-observation requirements have been met.

### Shaping and colouring eyebrows

| a Eyebrow colour |   |   |  | b Eyebrow shape |   |   |  |
|------------------|---|---|--|-----------------|---|---|--|
| 1                |   |   |  | 1               |   |   |  |
| 1                | 2 | 3 |  | 1               | 2 | 3 |  |
| 1                |   |   |  | 1               |   |   |  |
| 1                | 2 | 3 |  | 1               | 2 | 3 |  |
| 1                |   |   |  | 1               |   |   |  |
| 1                |   |   |  | 1               |   |   |  |
| 1                |   |   |  | 1               |   |   |  |
| 1                |   |   |  | 1               |   |   |  |
| 1                |   |   |  | 1               |   |   |  |
| 1                |   |   |  | 1               |   |   |  |
| 1                |   |   |  | 1               |   |   |  |
| 1                |   |   |  | 1               |   |   |  |
| 1                | 2 | 3 |  | 1               | 2 | 3 |  |
| 1                | 2 | 3 |  | 1               | 2 | 3 |  |
| 1                |   |   |  | 1               |   |   |  |
| 1                | 2 | 3 |  | 1               | 2 | 3 |  |
|                  |   |   |  |                 |   |   |  |
|                  |   |   |  |                 |   |   |  |
|                  |   |   |  |                 |   |   |  |
|                  |   |   |  |                 |   |   |  |

## What you must do

### Practical observations descriptors table

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with \* on the previous page.

|  | 1 mark   | 2 marks  | 3 marks  |
|--|--|--|--|
| <b>2</b><br><b>Use suitable consultation techniques to identify treatment objectives</b> | Basic consultation carried out.<br>Examples: closed questions used throughout, questioning covered contra-indications. | Good consultation carried out.<br>Examples: open and closed questions, positive body language, questioning covered contra-indications, general health, lifestyle and expectations. | Thorough consultation carried out.<br>Examples: open and closed questions, positive body language, questioning covered contra-indications, general health, lifestyle and expectations.   |
| <b>4</b><br><b>Provide clear recommendations to the client</b>                           | A basic treatment plan is recommended.<br>Example: objectives of the treatment identified.                             | A good treatment plan is recommended.<br>Examples: objectives of the treatment identified, taking into account client expectations.  | A thorough treatment plan is recommended.<br>Examples: objectives of the treatment identified, taking into account hair growth or colour characteristics, general health, medication, client lifestyle expectations, pain threshold and current method of eyelash/eyebrow treatment.                                       |
| <b>10</b><br><b>Use tweezing techniques, taking into account identified factors</b>      | Eyebrows are prepared correctly and hair is removed swiftly and safely to achieve the desired result.                  | Eyebrows are prepared correctly and hair is removed swiftly and safely to achieve the desired result.<br>Eyebrow shape complements the face and eye shape.                         | Eyebrows are prepared correctly and hair is removed swiftly and safely to achieve the desired result. Eyebrow shape complements the face and eye shape. Extra measures are taken to minimise discomfort, eg heating the skin prior to tweezing/client is consulted using a mirror to check the shape during the treatment. |

*Continues on next page*

## What you must do

### Practical observations descriptors table (continued)

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with \* on the previous page.

|  | 1 mark   | 2 marks  | 3 marks  |
|--|--|--|--|
| <b>11</b><br><b>Complete the treatment to the satisfaction of the client</b> | The treatment is completed within the agreed time and brought to a satisfactory close. | The treatment is completed within the agreed time and the client is shown the result.          | The treatment is completed within the agreed time, brought to a satisfactory close, the client is shown the result, result adapted if necessary, client is assisted where necessary. |
| <b>13</b><br><b>Provide suitable aftercare advice</b>                        | Basic aftercare advice is provided including possible contra-actions.                  | Good level of aftercare advice is provided to include homecare products and future treatments. | Excellent aftercare advice is provided to include homecare products, maintenance requirements and future treatment and recommendations.  |



*When removing eyebrow hairs, hold the skin taut to prevent stretching and pulling of the client's skin. This also reduces discomfort to the client.*

## Comment form

### Unit 225 Shaping and colouring eyebrows

This form can be used to record comments by you, your client, or your assessor.

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*Eye brows come in various shapes and sizes; spend time looking at your client's eye brows before advising on the best course of action.*



*If the look the client wants cannot be achieved, be honest and tactfully tell them why.*