



Image courtesy of Ishoka



# 209

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## The art of dressing hair

This unit is the very foundation of everyday hairdressing. Styling and finishing techniques are extremely important to you as a hairdresser. You will learn a variety of setting and styling skills. You'll understand the science of what happens inside the hair during the setting and drying process, helping you to maximise style potential. You'll soon be encouraged to showcase your skills with competition or photographic work!

# Assignment mark sheet

## Unit 209 The art of dressing hair

Your assessor will mark you on each of the practical tasks in this unit. This page is used to work out your overall grade for the unit. You must pass **all** parts of the tasks to be able to claim a grade. For each completed practical task, a pass equals 1 point, a merit equals 2 points and a distinction equals 3 points.

What you must know	Tick when complete
Task 1a: chart	
Task 1b: style guide	
<b>Or</b> tick if covered by an online test	

What you must do	Grade	Points
Task 2a: blow-dry		
Task 2b: finger-dry		
Task 2c: wet set with pincurls		
Task 2d: long hair up		

**Conversion chart**

Grade	Points
Pass	1–1.5
Merit	1.6–2.5
Distinction	2.6–3

Total points for graded tasks	
Divided by	÷ 4
=	
<b>Overall grade</b> (see conversion chart)	

Candidate name:

Candidate signature: Date:

Assessor signature: Date:

Quality assurance co-ordinator signature  
(where applicable): Date:

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## What does it mean?

Some useful words are explained below

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### Aftercare advice

Information given to the client on style and hair maintenance.

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### Backcombing

A dressing out technique with a comb, for giving root lift and/or volume to the hair.

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### Hair elasticity

An indicator of the condition of the hair's cortex and strength of the hair: the hair should stretch and return without damage.

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### Finger-waving

A method of moulding wet hair into s-shape movements using fingers and a comb.

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### Finger-drying

Using the fingers and hands to mould, shape and lift the hair into the required style while drying.

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### Finishing products

Used during the dressing and finishing of the style to help maintain the effect created.

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### Hair density

How many hairs are there on the head; for example, a sparse head of hair does not have many hairs.

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### Hair texture

The thickness of each single hair; for example, fine hair is hair with a small circumference.

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### Heated styling equipment

Styling tools used to set dry hair, adding curl, volume or straightening hair; for example straightening irons.

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### Humidity

Moisture (damp) in the atmosphere.

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### Hygroscopic

Something that can attract or absorb moisture from the air and is changed or altered by the absorption of moisture.

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### Pin-curling

A setting technique used to curl or wave the hair and add volume: a spring clip or pin is used to secure the set.

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### Styling products

Used to aid in the moulding and drying stage of the set or blow-dry, these help protect the hair from heat.

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### Tonging

A method of curling the hair with heated styling equipment in the shape of a barrel.

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### Tools

Combs, brushes, etc used to carry out the hairdressing service.

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Image courtesy of Redken



#### Revision tip

Alpha keratin is the hair in its unstretched state; beta keratin is the hair in its stretched state.

## What you must know

You must be able to:

- 1 State the procedure for client preparation
- 2 Describe the effects of the different styling techniques
- 3 Describe the factors that need to be considered when styling and dressing hair
- 4 Describe the physical effects of styling on the hair structure
- 5 Describe the effect of humidity on the hair structure and resulting style
- 6 Explain how the incorrect use of heat can affect the hair and scalp
- 7 Describe the correct use and routine maintenance of tools, equipment and accessories

*Continues on next page*



### Be the next ... *Patrick Cameron*



Patrick Cameron's name is synonymous with styling and dressing hair. Quite simply, he has turned the world of long hair dressing on its head. During his demonstrations around the world, he creates stunning long hair looks so simplistic that even a novice hairdresser can feel confident enough to try them. His shows are electric, involving live opera singers, elegant models, graceful dancers and couture fashion. **You can find Patrick's advice throughout this unit!**



*Make sure your product choice matches your client's needs, to produce the best overall result you can.*

Image courtesy of Rainbow Room International

- 8 Describe the uses for the range of styling products
- 9 Describe how to secure and control long hair looks
- 10 State the purpose of backcombing and backbrushing when dressing hair
- 11 Describe the uses for the range of finishing products
- 12 Describe the aftercare advice that should be provided
- 13 Outline safe and hygienic working practices when styling and dressing hair
- 14 State how to communicate in a salon environment
- 15 State the behavioural expectations within a salon environment

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*Don't be frightened of dressing long hair. Remember you can always take it down again: it's not like cutting, when once it's gone it's gone!*

Image courtesy of www.patrick-cameron.com

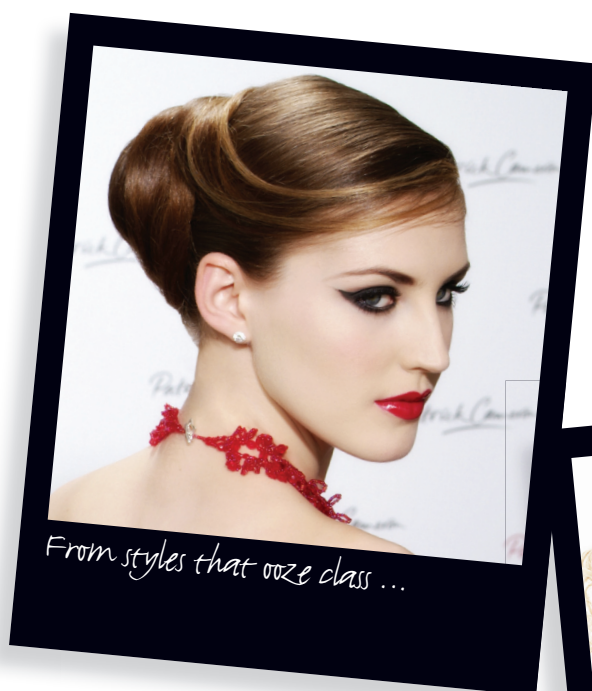
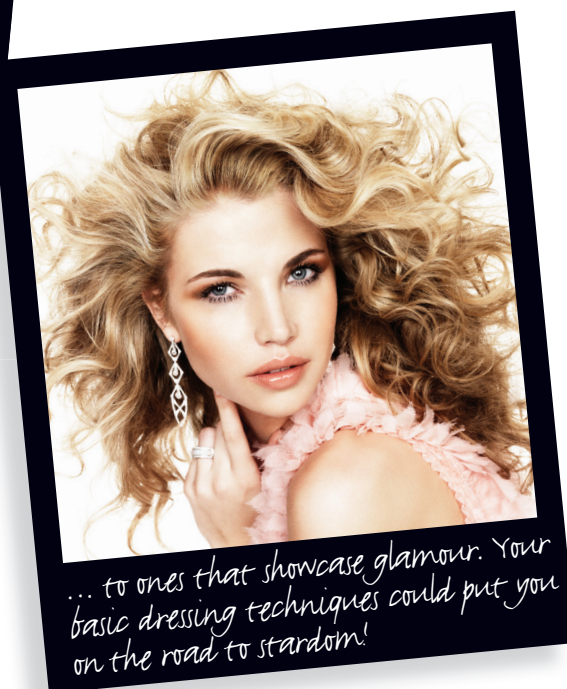


Image courtesy of Rae Palmer



# Dress



Image courtesy of [iStockphoto.com/DomenicoGelermo](http://iStockphoto.com/DomenicoGelermo)



*Aim for perfection - not a hair out of place!*

Image courtesy of [www.patrick-cameron.com](http://www.patrick-cameron.com)



Image courtesy of www.patrick-cameron.com



# SS2016

Image courtesy of Ishoka

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*Study top, glossy magazines like Vogue, Elle, Marie Claire and Hairdressers' Journal to learn all you can about the art of dressing hair.*

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# What you must do

## Practical observations

This page shows what you need to do during your practical task. You can look at it beforehand, but you're **not** allowed to have it with you while carrying out your practical task. You must achieve **all** the criteria; you can achieve 1 mark, 2 marks or 3 marks for the criteria indicated with \*.

### Conversion chart

Grade	Marks
Pass	14–16
Merit	17–21
Distinction	22–24

Hair length: two above shoulder, two below shoulder

Styling products (minimum of two)

Finishing products (minimum of two)

Heated styling equipment – straighteners (only as a finishing tool), curling tongs, heated rollers (each used at least once)

- 1 Prepare self, the client and work area for dressing services
- 2 Consult with clients to confirm their requirements \*
- 3 Evaluate the potential of the hair to achieve the desired look by identifying the influencing factors \*
- 4 Position self and the client appropriately throughout the service
- 5 Select and use styling products, tools and equipment to achieve the desired look
- 6 Use working methods that meet salon and legal requirements
- 7 Use styling techniques and dressing effects that take into account the identified factors \*
- 8 Control and secure hair effectively during dressing

Dressing service											
1 Blow-dry			2 Finger-dry			3 Wet set with pincurls			4 Long hair up		
1			1			1			1		
1	2	3	1	2	3	1	2	3	1	2	3
1	2	3	1	2	3	1	2	3	1	2	3
1			1			1			1		
1			1			1			1		
1			1			1			1		
1	2	3	1	2	3	1	2	3	1	2	3
1			1			1			1		

*Continues on next page*

- 9 Dress hair to the satisfaction of the client
- 10 Apply finishing products to maintain the style
- 11 Evaluate the result of the treatment with the client
- 12 Follow safe and hygienic working practices
- 13 Provide suitable aftercare advice \*
- 14 Communicate and behave in a professional manner \*

Totals

Grade

Candidate signature and date

Assessor signature and date

Dressing service											
1 Blow-dry			2 Finger-dry			3 Wet set with pincurls			4 Long hair up		
1			1			1			1		
1			1			1			1		
1			1			1			1		
1			1			1			1		
1	2	3	1	2	3	1	2	3	1	2	3
1	2	3	1	2	3	1	2	3	1	2	3

Images courtesy of Rae Palmer





## What you must do

### Practical observations descriptors table

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with \* on the previous page.

	1 mark	2 marks	3 marks
<b>2</b> <b>Consult with clients to confirm their requirements</b>	Basic consultation Examples: uses closed questions	Good consultation Examples: uses open and closed questions, uses visual aids, aware of own body language	Thorough consultation Examples: uses open and closed questions, good use of visual aids, effective use of body language, repeats instructions clearly to gain confirmation
<b>3</b> <b>Evaluate the potential of the hair to achieve the desired look by identifying the influencing factors</b>	Minimal evaluation Examples: hair texture, length and density, client requirements	Good evaluation Examples: hair texture, length and density, client requirements, hair growth patterns, elasticity, client lifestyle	High level of evaluation Examples: hair texture, length and density, client requirements, hair growth patterns, elasticity, client lifestyle, head/face shape/features/contraindications
<b>7</b> <b>Use styling techniques and dressing effects that take into account the identified factors</b>	Rectifies minor errors on instruction  Little evidence of maximising potential of style Examples: minimum factors taken into account for style and dressing technique (hair conditions and client requirements)	Identifies and rectifies minor errors  Some evidence of maximising potential of style Examples: self-identification of errors, all factors in point 1 taken into account for style and dressing technique, plus hair growth and hair texture	Accurate over the whole look  Clear evidence of maximising potential of style Examples: all factors at point 2 taken into account for style and dressing technique, plus haircut, hair length, head/face shape and features

*Continues on next page*

	1 mark	2 marks	3 marks
<b>13</b> <b>Provide suitable aftercare advice</b>	Basic aftercare advice Example: use of products	Good level of aftercare advice Example: use of products and equipment	Excellent level of aftercare advice Examples: use of products and equipment, maintenance of style and further services available
<b>14</b> <b>Communicate and behave in a professional manner</b>	Satisfactory communication and behaviour Examples: polite, friendly, positive body language, speaks clearly	Good communication and behaviour Examples: polite, friendly, positive body language, speaks clearly, respectful to colleagues and clients, listens and responds to clients' need	Excellent communication and behaviour Examples: polite, friendly, positive body language, speaks clearly, respectful to colleagues and clients, listens and responds to clients' needs, shows a reassuring and confident manner

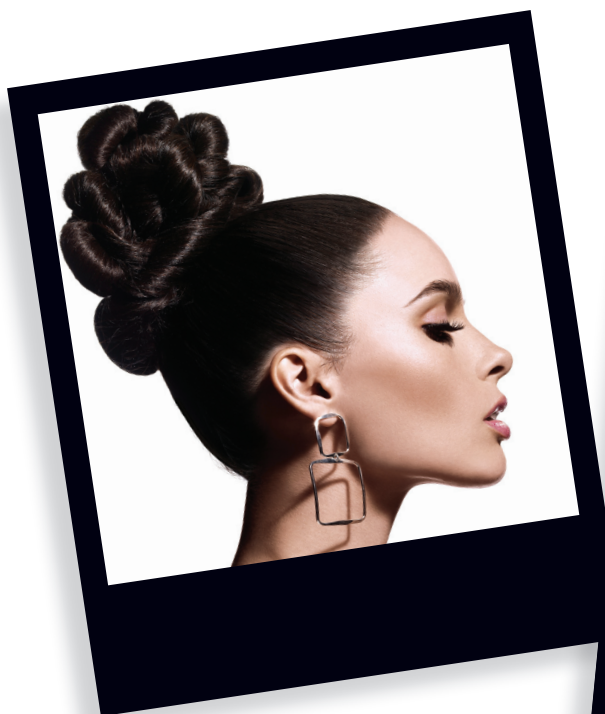


Image courtesy of Creative Nail Design

Image courtesy of www.patrick-cameron.com

## Comment form

### Unit 209 The art of dressing hair

This form can be used to record comments by you, your client, or your assessor.

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*Don't be frightened to try new techniques like finger-waving and roller-setting – these skills really train your fingers to feel the hair.*

Image courtesy of Brenda Harrison





Image courtesy of TONI & GUY/Richard Mannah