



# 311

---

## Bridal hair

Bridal hair services are very popular, so, if you master this skill you will be in great demand. In this unit, you will need to use your imagination to create stunning styles. You will gain the skills and knowledge to dress hair for bridal styles in many different ways. You will put your skills and patience to the test when designing contemporary and classical styles for different wedding days. Your styles will be showcased on the bride's special day for everyone to see the results of your talent and hard work.

# Assignment mark sheet

## Unit 311 Bridal hair

Your assessor will mark you on each of the practical tasks in this unit. This page is used to work out your overall grade for the unit. You must pass **all** parts of the tasks to be able to claim a grade. For the practical task a pass equals 1 point, a merit equals 2 points and a distinction equals 3 points.

What you must know	Tick when complete
Task 1a: produce a style guide	
<b>Or</b> tick if covered by an online test	

What you must do	Grade	Points
Task 2a: classic look		
Task 2b: contemporary look		
Task 2c: style of own choice		

**Conversion chart**

Grade	Points
Pass	1–1.5
Merit	1.6–2.5
Distinction	2.6–3

Total points for graded tasks	
Divided by	<b>÷ 3</b>
= Average grade for tasks	
<b>Overall grade</b> (see conversion chart)	



Candidate name:	
Candidate signature:	
Date:	
Assessor signature:	
Date:	
Quality assurance co-ordinator signature (where applicable):	
Date:	
External Verifier signature (where applicable):	
Date:	

Image courtesy of Hertford Regional College

## What does it mean?

### Some useful words are explained below



**Aftercare advice**  
Advice that should be given to the client on suitable products, tools, equipment, maintenance of style, and removal of the hair accessories.



**Classical**  
The more traditional looks; this will include the use of rolls and curls.



**Analysis**  
A full assessment of the condition of the hair and scalp by doing a visual check and manual testing to ensure there are no factors that would prevent a service from taking place.



**Contemporary**  
Modern day hair-up styles; these will include the use of knots, twists, plaits, and weaving.



**Back-brushing**  
You will use this technique to give height and volume to hairstyles. Back-brushing is achieved by brushing backwards from the points of the hair to the roots.

**Contra-indication**  
A disease, hair disorder, infection of the scalp or skin, or breakage of the hair, which would prevent a treatment or service from being carried out, or make it necessary to adapt the service.



**Back-combing**  
Back-combing will give more support to your long hair design than back-brushing. Back-combing is applied at the root area, which gives volume and support to the dressed hair.

**Dutch braid**  
A Dutch braid is an inverted French braid. Weaving the strands under rather than over creates a braid which stands out from the head, giving an 'embossed' look.

**Factors**  
These need to be considered before the service takes place, for example hair length and face shape. They will determine the result of the style.

## What does it mean?

Some useful words are explained below (continued)



### French pleat

This is a classic look that goes back to the 1940s. The French pleat is a vertical roll of hair, usually worn at the back of the head. It is most suitable for long hair but can be achieved with mid-length hair.



### Rolls

A chignon is a good example of a roll in the nape of the neck. Rolls can be placed anywhere on the head depending on the effect that is to be achieved.

### Herringbone braid

This is technically a two-strand braid, formed by bringing tiny sections from one half of the hair to the other.

### Sterilisation

You must carry out health and safety checks of tools and equipment within your own area of responsibility.



### Ornamentation

Decorations that are added to the hair, including tiaras, veils, fresh flowers, silk flowers, hats, feathers, clip-on flowers/diamante, headbands, and coloured hair additions.

### Traction alopecia

A condition that is caused by the excessive pulling of the hair at the root.

Image courtesy of iStockphoto.com/Mariyal

Image courtesy of Michael Osbaldeston

Image courtesy of Central Training Group

## What you must know

### You must be able to:

- 1 Describe the range of looks for bridal occasions
- 2 Explain how to achieve the different looks for bridal occasions
- 3 Describe the factors to be considered when styling bridal hair
- 4 Explain the range of additional accessories available for bridal hair
- 5 Explain the range of additional services and products available to support bridal hair styling
- 6 Explain the health and safety considerations that must be taken into account
- 7 Describe the different consultation techniques used to identify service objectives
- 8 Describe the salon's requirements for client preparation, preparing yourself and the work area
- 9 Describe the correct use of products, tools and materials
- 10 Explain the use of ornamentation in bridal hair styling
- 11 Explain the advantages of added hair and hairpieces when styling bridal hair
- 12 Describe how to remedy problems that may occur during the bridal hairstyling service
- 13 Describe the aftercare advice that should be provided
- 14 Outline safe and hygienic working practices
- 15 State how to communicate and behave in a professional manner

#### Revision tip

The French pleat, horizontal roll, vertical roll chignon and Edwardian roll are all classical looks. Knots, twists, plaits, and weaving are all contemporary looks.



### Be the next ... *Patrick Cameron*



Patrick Cameron's name is synonymous with bridal hair. Quite simply, he has turned the world of long hair dressing on its head. During his demonstrations around the world, he creates stunning long hair looks so simplistic that even a novice hairdresser can feel confident enough to try them. His shows are electric, involving live opera singers, elegant models, graceful dancers and couture fashion. **You can find Patrick's advice throughout this unit!**

The hair density may be too sparse for the desired look - added hair or hair padding will create extra volume.



Beads, feathers and flowers will enhance the style for the special day.

Image courtesy of iStockphoto.com/Valua Vitay

# Braids



Hair padding will create extra volume and height for the client.

Avoid excessive tension on the hair as this could result in traction alopecia.

Image courtesy of Desmond Murray

Consider setting the hair before creating the style.



The hair may be too short to achieve the desired look – you could advise the client that hair extensions may help.

# detail

“

*Always ask about the bridal dress – what sort of neckline is it, and what style? It is important that the bridal look complements the dress.*



Demonstrate the use of products and techniques to the client to enable them to maintain the look.



# What you must do

## Practical observations

This page shows what you need to do during your practical task. You can look at it beforehand, but you're **not** allowed to have it with you while carrying out your practical task. You must achieve **all** the criteria; you can achieve 1 mark, 2 marks or 3 marks for the criteria indicated with \*.

### State techniques used.

The following techniques **must** be used: **roll, knot, twist, plait, curls, woven effects.**

- 1 Prepare yourself, the client and the work area for bridal hairstyling services
- 2 Use suitable consultation techniques to identify service objectives \*
- 3 Evaluate the client's existing hair length, texture and density
- 4 Provide clear recommendations to the client based on the factors identified
- 5 Select and use hair styling products, tools and materials, ornamentation and added hair to achieve desired look
- 6 Use techniques that take into account the identified factors for the finished look
- 7 Position yourself and the client appropriately throughout the service
- 8 Follow safe and hygienic working practices
- 9 Check the balance and shape throughout the service to ensure correct proportion
- 10 Create the finished bridal style to the satisfaction of the client
- 11 Provide suitable aftercare advice \*
- 12 Communicate and behave in a professional manner \*

Totals

Grade

Candidate signature and date

Assessor signature and date

### Conversion chart

Grade	Marks
Pass	12–13
Merit	14–16
Distinction	17–18

Bridal hair								
Classic bridal hairstyle			Contemporary hairstyle			Style of own choice		
1			1			1		
1	2	3	1	2	3	1	2	3
1			1			1		
1			1			1		
1			1			1		
1			1			1		
1			1			1		
1			1			1		
1			1			1		
1	2	3	1	2	3	1	2	3
1	2	3	1	2	3	1	2	3

## What you must do

### Practical observations descriptors table

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with \* on the previous page.

	1 mark	2 marks	3 marks
<b>2</b> <b>Use suitable consultation techniques to identify service objectives</b>	Basic consultation Example: uses open and closed questions	Good consultation Examples: uses open and closed questions, visual aids, is aware of own body language	Thorough consultation Examples: uses open and closed questions, uses good visual aids, uses body language effectively, repeats instructions clearly to gain confirmation
<b>11</b> <b>Provide suitable aftercare advice</b>	Basic aftercare advice Example: use of products	Good level of aftercare advice Examples: use of products and equipment	Excellent level of advice Examples: use of products and equipment, maintenance of style and further services
<b>12</b> <b>Communicate and behave in a professional manner</b>	Satisfactory communication and behaviour Examples: polite, friendly, positive body language, speaks clearly	Good communication and behaviour Examples: polite, friendly, positive body language, speaks clearly, respectful to colleagues and clients, listens and responds to client needs	Excellent communication and behaviour Examples: polite, friendly, positive body language, speaks clearly, respectful to colleagues and clients, listens and responds to client's needs, shows a reassuring and confident manner



*Always find out which hair accessories the bride wants. Some want flowers, some want tiaras, some want veils, and some want all three.*

## Comment form

### Unit 311 Bridal hair

This form can be used to record comments by you, your client, or your assessor.

---

---

---

---

---

---

---

---

#### Revision tip

When discussing the removal of back-combing from the hair, you must advise the client to start at the points of the hair and work towards the roots of the hair. After the back-combing has been removed, advice should be given on conditioning treatments.



“

*Try and get a wedding hair practice before the big day, but do NOT complete the finished look to perfection, as she will remember where every hair was placed, but you may not!*

Image courtesy of iStockphoto.com/DomenicoGelermo



Image courtesy of iStockphoto.com/DomenicoGelermo